



Black Swan News

Grahamstown Public School

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Term 1, Week 4 16 February 2022

Athletics Carnival

Our annual Athletics Carnival is to be held on **Friday 4 March 2022** at Vi Barnett Field (Little Athletics field) in Raymond Terrace. All students from Years 2-6 will be participating on the day. Please complete & sign the permission note and return it to the office by **Friday 25 February 2022** along with the \$5 fee.

P&C Meeting

Our first P&C meeting for 2022 will be Thursday, 17 February 2022 at 3.15pm in the school library (Please do not enter the school grounds until 3.10pm).

Thank-You

Thank-you to the craft group Hearts and Hands for their donation of library bags they made for students at our school.

Voluntary Contributions

Voluntary contributions for 2022 are \$21 per student. Statement of Accounts will be sent home in the coming weeks. All payments can be made online via our school's website or cash/Eftpos in the office. Voluntary contributions can also be paid using any unallocated Fees in Advance.

Stewart House

Stewart House Donation Drive 2022 envelopes have been sent home this week. All donations of \$2 or more will go into the draw for a chance to win a \$4000 gift voucher. Please return envelopes to the school office by Friday 13 May 2022.

SCHOOL EVENTS

Term 1

4 Mar – Athletics Carnival

8 Mar – School Photos

8 Apr – Last day of Term 1

Payments Due

Athletics Carnival \$5.00

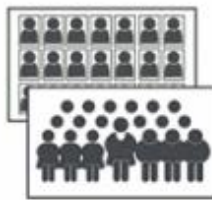
Voluntary Contribution \$21.00

Swimming Carnival

Our annual swimming carnival was held last Monday at Lakeside Leisure Centre. Congratulations to all students who participated in the carnival and a special thanks to all teaching staff and helpers who contributed to a successful day. A special congratulations to Ellyse, Liam, Zaine, Chloe and Jasper who have represented GPS in the Zone swimming carnival today.



school photographs are coming up soon



Group presentation format is chosen by your school. Format may vary from options shown.



Perfect for 10x8" Frames



48 Personalised Stickers

Please note: Traditional or Composite group and the presentation format are chosen by your school. Sibling photos, if available, can also be ordered online and must be ordered prior to your photo day. A late fee will apply for photos purchased after ordering has closed.

how to order

order online

Online payment options include Visa, Mastercard and PayPal. Alternatively, you can choose to pay over 10 weeks using LatitudePay.

STEP 1

Go to www.advancedlife.com.au on your computer, phone or tablet.

STEP 2

Enter your school code:

L6Y 7C2 DMX

in the 'order and download' box. This will take you to your school's secure online ordering site.



STEP 3

Click on 'Order Photos' and complete your details and procedures. During this process you can place orders for additional children at your school and sibling photos, if available



cash/envelope ordering

Your school prefers orders to be placed online. However, if you are unable to order online, please complete your order using the order envelope provided.

STEP 1

Complete a separate order envelope for each individual child's package/s ordered. If ordering for more than one child, payment should be enclosed in the envelope of the eldest child and this should be indicated on the envelope of the other child/children (the envelope that does not have cash enclosed).

STEP 2

Enclose exact cash payment in one envelope for the package/s you are ordering. Payment for more than one child should be in the eldest child's envelope and marked at the bottom of the envelope in the space provided.

STEP 3

Return your completed envelope/s, with correct cash payment, to our photographers on the day.

Please note: You must enclose exact correct payment, as change is not available. Credit card payments can only be made online and we no longer accept cheques. There is a separate envelope for sibling photo orders, should your school choose to offer sibling photos.

School photographs will be returned to your school 4-6 weeks after the day of photography

IMPORTANT - "not for publication" students

If you have instructed your school that your child's image is "not for publication" (sometimes called "do not publish" or "not for media release" instructions), the school will ensure that your child is not presented to our photographers on photo day and school photographs will not be available for purchase. If you wish to change your instruction, then you must notify your school, so they change their records and identify your child as able to be photographed for school photography purposes. All students presented to our photographers by your school on photo day will be photographed, their images will appear in school photography packages with their fellow students and these packages will be available to purchase by all families.

Contact us: www.advancedlife.com.au/contact

advancedlife
school photography & print specialists

Good for kids

good for life



Alternatives to Sandwiches

If your child doesn't like sandwiches or wants more variety in their lunchbox try these ideas:

- Try everyday meals like salads, soup, pasta or fried rice. Save leftovers from dinner to save time.
- Prepare freezer friendly lunch box items like zucchini slice or mini frittattas – ready to grab and go in the morning.
- Pack sandwich ingredients separately for your child to put together just before eating.



Fried Rice Salad

1. Heat oil in a large fry pan or wok over high heat.
2. Sauté diced onion, capsicum, carrot and ham.
3. Add cooked rice, corn kernels, green onions & soy sauce. Stir fry for 2-3 minutes, mixing well
4. Transfer to a bowl to cool.
5. Spoon salad into containers and top with cherry tomatoes and coriander.
6. Store in the fridge ready to be added to the lunchbox.

For full recipe and more visit:

<https://www.goodforkids.nsw.gov.au/primary-schools/swap-it/recipes/>



Health
Hunter New England
Local Health District

HNELHD-GoodForKids@health.nsw.gov.au

<http://www.goodforkids.nsw.gov.au/>

Nutrition Snippet

HOW TO PACK A HEALTHY LUNCH BOX



Starting 'big' school is a huge deal even for parents as it may be the first time packing a lunch box.

Learn how to pack a healthy lunch box [here](#)

healthylunchbox.com.au



Cancer Council
Healthy Lunch Box



Defence School Mentor Program: Position Description

About our school:

Grahamstown Public School is in the Port Stephens area and draws many students from families with a low socio-economic background. There are currently 315 students from an increasingly diverse cultural heritage, including 61 Aboriginal students and 17 Defence Force family students. Grahamstown Public School currently operates 12 mainstream classes and has 10 students enrolled in MC and AU classes. We have a staff of over 45, including teaching, support and administrative staff, who are dedicated to achieving our vision. With a FOEI of 141, we need a strong focus on supporting students and their personal and academic development. Student well-being is endorsed through an active Learning Support Team, student leadership development, a staff dedicated to furthering wellbeing and strong communication between home and school. Our school works in partnership with community agencies such as The Smith Family, KU Steps To Starting School, Port Stephens Family Services and Wandiyali to provide ongoing wellbeing support to families and young children. Our school is situated on Worimi land, and we have a strong partnership with the Yooyong Aboriginal Education Consultative Group who support us in developing our Aboriginal students, embedding Aboriginal perspectives into our practices and building knowledge of and respect for our Aboriginal heritage and culture. Our School proudly offers a wide range of extra curricula activities to develop interest, skill and talent through sport, visual and performing arts and environmental projects. Grahamstown Public School works in collaboration with the entire community to support students to: grow with pride, learn for life and strive to be the best that they can be.

Role Overview:

Grahamstown Public School is seeking to appoint a Defence School Mentor (DSM) who is passionate about the wellbeing of children and young adults as part of the Defence School Mentor Program (DSMP). This program, delivered in schools, is designed to provide practical assistance to Defence families and support the social and emotional wellbeing of Defence students within their schools. The role is funded by the Defence Member and Family Support (DMFS) Branch, of the Commonwealth Department of Defence. The DSM role provides specialised, on-site support to meet the needs of Defence students and their families within the school community. The DSM's role is embedded in Grahamstown Public School's Wellbeing team. Please see the below table for a description of the position.

Position Description	
Defence School Mentor	Defence School Mentor
Salary	\$19629.32
Hours Per Week	10 Hours
Availability	Monday and Wednesday

Contract Term	2022 School Year
Location	Grahamstown Public School, Hastings Drive, Raymond Terrace
Primary Objectives for Role	<ul style="list-style-type: none"> • Supporting the integration of new Defence students into the school environment. • Supporting Defence students experiencing any social, emotional or academic challenges. • Supporting Defence students experiencing the impacts of Defence related parental absence and relocation. • Directing students to school, Defence or external programs, services or opportunities that meet their support needs. • Increasing the awareness and appreciation of the unique Defence lifestyle and associate
Key Responsibilities for DSM	<ul style="list-style-type: none"> • Supporting the transition of Defence families and students into and out of the school during posting (e.g. developing welcoming activities, integration activities to provide support during transition into a new school, absence support activities to provide support during periods of parental absence, and farewelling activities to prepare Defence families and students for relocating to a new school). • Providing Defence students with age-appropriate, social and emotional support that enhances existing school supports. Defence School Mentor Program: Example DSM Position Description Defence School Mentor Program: DSM Handbook, October 2021 25 • Providing Defence families with information about the school environment and available Defence Member and Family Support (DMFS) programs relevant to their student's development. • Raising awareness and building capacity among school staff to respond to the social and emotional needs of students from Defence families (e.g., sharing information with school staff about the Defence lifestyle, impacts on Defence students, and supports available through the DSMP and DMFS). • Possessing a strong understanding of the Defence lifestyle and developing strong relationships with Defence students at the school.
Selection Criteria	<ul style="list-style-type: none"> • Valid Working with Children Check. • Knowledge about wellbeing principles for young children and young adults. • High level of oral and written communication skills, and the ability to communicate effectively with Defence students, families, DSM supervisors, principals, and school staff. • Ability to effectively plan, organise, and deliver innovative and creative programs, resources and activities relating to Defence students, families and the school community. • Strong initiative and the ability to organise their own work, set priorities, meet deadlines, and be able to work independently and within team environments. • Ability to quickly acquire an understanding of the school context and student population

Applying for the Role: To apply for this position, please submit your CV along with a covering letter outlining how you meet the role responsibilities and selection criteria outlined above to michele.winn@det.nsw.edu.au . Please also provide proof of a valid Working with Children Check, as well as the details of any referees that can be contacted to discuss your prior experience working with children. **Applications close on Wednesday 2nd March at 9am.**